



AUTUMN WINTER 2021

MENU WEEK 1

WEEK COMMENCING

13 Sept, 4 Oct, 25 Oct,
15 Nov, 6 Dec, 27 Dec



FIRST COURSE

SECOND COURSE

MONDAY

Margherita pizza
& roast potatoes
crunchy vegetables



Milk Gluten

Spiced carrot cake
& custard



Egg Milk Gluten Sulphur Dioxide

TUESDAY

Porkies in gravy
mashed potatoes
carrots & cauliflower



Soya Gluten

Fruit in jelly



WEDNESDAY

Mediterranean tagliatelle
crusty bread
carrot & cucumber sticks



Milk Gluten Sesame

Crispy jam tart
& custard



Milk Gluten Sulphur Dioxide

THURSDAY

Roast beef & gravy
Yorkshire pudding,
roast potatoes,
carrot & swede mash & cabbage



Milk Egg Gluten

Honey & oatmeal cookie



Gluten

FRIDAY

MSC fish fingers,
tomato ketchup,
diced potatoes
peas & sweetcorn



Gluten Fish

Fruit



SERVED DAILY Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served

Vegetarian meals can be made available upon request



AUTUMN WINTER 2021

MENU WEEK 2

WEEK COMMENCING

**1 Sept, 20 Sept, 11 Oct,
1 Nov, 22 Nov, 13 Dec**



FIRST COURSE

SECOND COURSE

MONDAY

Pasta Neapolitan
crusty bread
sweetcorn
& coleslaw

Gluten Milk Sulphur Dioxide Sesame Egg



Fruit flapjack

Gluten



TUESDAY

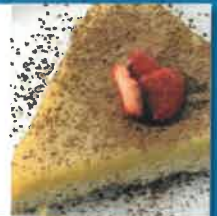
Cheesy topped cottage pie
& gravy
carrots & cabbage

Milk Fish



Butterscotch tart

Milk Gluten



WEDNESDAY

BBQ turkey wrap
seasoned wedges
coleslaw
& cucumber sticks

Gluten Egg



Ginger sponge
& custard

Milk Egg Gluten



THURSDAY

Roast gammon & gravy
Yorkshire pudding,
roast potatoes,
carrots & honey roast parsnips

Milk Egg Gluten



Fruit



FRIDAY

MSC Fish portion
tomato ketchup,
oven chips
peas & sweetcorn

Gluten Fish



Chocolate & orange muffin

Egg Gluten



SERVED DAILY Best of both bread **Gluten and Soya** Seasonal vegetables available daily **Coleslaw** **Egg** when served

Vegetarian meals can be made available upon request



AUTUMN WINTER 2021

MENU WEEK 3

WEEK COMMENCING

**6 Sept, 27 Sept, 18 Oct,
8 Nov, 29 Nov, 20 Dec**



FIRST COURSE

SECOND COURSE

MONDAY

Quorn dippers
diced potatoes
sweetcorn
& coleslaw

Milk Egg Gluten



Apple & plum crumble
& custard

Milk Gluten



TUESDAY

Nottinghamshire sausages,
gravy, Yorkshire pudding
mashed potatoes,
honey roast parsnips
& sliced carrots

Gluten Sulphur Dioxide Milk Egg



Rice pudding & jam

Milk Sulphur Dioxide



WEDNESDAY

Cheesy tomato pasta
crusty bread
mixed salad
& coleslaw

Milk Gluten Sesame Egg



Fruit yoghurt

Milk



THURSDAY

Roast pork, stuffing & gravy
Yorkshire pudding
roast potatoes, cabbage
carrot & swede mash

Milk Egg Gluten



Chocolate brownie

Gluten



FRIDAY

MSC fish cake,
tomato ketchup,
jacket wedges
garden peas & sweetcorn

Fish Gluten



Fruit



SERVED DAILY Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served

Vegetarian meals can be made available upon request